SUMMARY OF FINDINGS

This is the last chapter of the book and here you can read a summary of what is most important to people.

People were asked how satisfied they were with their lives. From peoples’ answers we calculated that the following contribute most to a good life:

- Health
- Standard of living
- Social well-being
- Access to Services

Health

People were asked how satisfied they had been with their own health in the last year. Good health, according to the respondents, is the most important factor in life satisfaction,

More people were satisfied with their health in 2004 than in 2003. 67% were satisfied with their health in 2004, which was an increase of 6%. Some 21% were not satisfied with their health and 12% were neither satisfied nor dissatisfied.

One of the major health concerns is HIV/AIDS. People were asked if they worried that they or someone close to them might be infected with the virus that causes HIV/AIDS. More people worry about this now than before. The percentage of the population who worry a lot about being infected has increased from 48% in 2003 to 56% in 2004.

The Municipality is extending its primary health care services so that public health can improve. 66.7% of residents say that they could access health services where they live and that 64.7% were satisfied with these services.
Standard of living

Following good health, standard of living has the second most important influence on satisfaction with life. People were asked how satisfied they were with their standard of living including housing, cars and furniture. The number of people who were satisfied with their standard of living increased by a small percentage in the last year, from 36.8% in 2003 to 38.5% in 2004. There are many who are not satisfied with their living standards and this percentage is as much as 50% in 2004. Your standard of living is dependant on employment and income.

In 2004 the percentage of the workforce that was employed was 57.6%. If the standard of living is to improve for all then there must be greater economic growth with increases in job creation.

When unemployment is high then many households will not have sufficient income. The average number of people living in a dwelling in eThekwini is approximately 4. The smallest amount of money that a household of 4 can spend to get the minimum required for food, clothing, fuel, light, washing, cleansing, transport and rent, is R1500-00. It is of great concern that 43% of households have an income of R1500-00 or less.

During the last year 15.8% of households did not always have enough money for food and 37% did not always have enough money for shelter. In 2001 the percentage of households that occupied informal dwellings was 19% and most of those living in informal dwellings were black. Reducing this housing backlog by improving housing conditions will increase satisfaction with dwellings and contribute to higher levels of satisfaction with life.

The assets that a household owns indicate their standard of living. The assets most owned by households are: Television - 74%, Radio - 70%, Fridge - 67%.

The assets owned least by households are: washing machines or vacuum cleaners - 41%, Computers - 35%, Cars - 29%.
Social well-being

Sense of belonging
A sense of belonging is very important for most people, with the most important being good relationships with family and friends as well as with people in the neighbourhood.

Leisure
As far as leisure activities are concerned people listed the following activities as their favorite spare time activities in order of importance:
- Home hobbies
- Home entertainment
- Reading
- Religious activities
- Staying at home

Most people find sufficient entertainment at home. However, when residents have visited the larger public amenities they have mostly been satisfied with them as seen in the table below.

<table>
<thead>
<tr>
<th>How satisfied are you with</th>
<th>% Satisfied</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art Gallery</td>
<td>77.6</td>
</tr>
<tr>
<td>Beach</td>
<td>83.0</td>
</tr>
<tr>
<td>Library</td>
<td>86.9</td>
</tr>
<tr>
<td>Museum</td>
<td>72.3</td>
</tr>
<tr>
<td>Park</td>
<td>71.7</td>
</tr>
<tr>
<td>Sports Ground</td>
<td>70.0</td>
</tr>
<tr>
<td>Swimming Pool</td>
<td>66.2</td>
</tr>
</tbody>
</table>

Problems
People say that their five top serious day-to-day problems are:

Poverty:
43% of households live on less than R1 500 per month

Crime:
25% of residents reported that they had been victims of crime in 2004 and this was down from 35% in 2003 and 34% in 2002.

Traffic congestion:
28% said that traffic congestion was a problem to them, which is an increase from 22% in 2003.

Disease:
Those that were dissatisfied with their own health decreased from 26.1% in 2003 to 20.9% in 2004. 56% of residents said that they worried about HIV/AIDS a lot.

Inadequate housing:
The 2001 census reported that 19% of households are living in informal settlements. 10 000 houses are being built per year in an attempt to address the housing backlog. The municipality aims to increase the rate of delivery to 16 000 per year.
Access to Services

Basic household services
Access to basic household services has increased and in 2004 the average level of satisfaction was a high 71%. This is slightly down from the 2003 satisfaction level of 76%.

Engineering services
Average satisfaction with roads, lights, drains, signs, pavements and verges increased from 68% in 2003 to 73% in 2004.

Public amenities
These services are more accessible to people. However, there has been a decline in satisfaction from 71% in 2003 to 65% in 2004. The most notable drop was related to local parks and sport facilities. However, it needs to be noted that about 70% of people were satisfied with the larger regional parks and sports amenities that serve the entire city.

Transport
Traffic congestion was a problem for 28% of commuters in 2004. Most residents said they traveled in kombi taxis and 57.6% were satisfied with them.
What’s a good quality of life?

The way in which people have answered the questions shows that:

for a person to be satisfied with life they must be in good health, have a reasonable standard of living, have good relationships with family, colleagues and with members of organisations that they belong to, and have access to basic services and community amenities.

Government and Civil Society decision makers in the built, natural and social environments can benefit society by ensuring that development programs deliver in ways that will have the most impact on satisfaction with life.
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- Puppet heads: Wendy Nell

From the African Art Centre

Thanks to curator Anthea Martin for the use of images taken from works displayed at the African Art Centre

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